Not the power to conquer others But the power To become one with others Is the ultimate power.

The secrets Of the inner heights Dwell far beyond The territories of the mind.

Always remember the joy you get When you do the right thing. This joy will give you The inspiration, aspiration And determination To continue doing the right thing.

To like your mind Is the first step. To love your heart Is the second step. To go beyond yourself Is the third and last step.

Be not afraid Of destructive actions of others. But be afraid Of your own reaction to them.

If you give from your heart, Then your offering will be Not only unimaginable But also undisputable.

If you wait for the approval Of your friends In everything that you do, You are not going to succeed at all In this lifetime In anything.

> Each good, pure And useful thought Is a solid power For our daily use.

Perfect happiness is Enthusiasm minus expectation.

If you do the right thing, Eventually you will inspire others To do the right thing.

The beauty Of a simplicity-life And the beauty Of a self-giving heart Have no equal.

Beauty Is my heart's Mind-transcendence-hope.

> Only beauty within Can appreciate beauty without.

Our expectationbeauty wanes, Yet we cannot and do not stop expecting.

Artwork by Sri Chinmoy

If progress in one field is obstructed, Go another way. There are so many ways open to you If you look within. Only do not give up The idea of progress.

I am supremely beautiful Only when I become The fulness of my soul.

To radiate beauty, Abundant and infinite beauty I do not need an all knowing mind But I do need an all loving heart.

Excerpted from The Life-Illumining Traveler's Companion by Sri Chinmoy. For more inspiring quotes, visit www.GenevaMeditation.ch

