

Our Quality for the month

April 2015

## ~ Concern ~

*Another name for prayer is **concern**.*

*To show genuine **concern** for humanity  
is to become a supremely chosen instrument of God.*

**M**orning brings A  
bountiful supply of God's  
Love and Concern.

~

**G**od's Concern for  
humanity Is His  
unparalleled speciality.

~

**E**ach thing on earth Needs  
and deserves Concern and  
care. Concern and care  
not offered, Love  
immediately forfeited.

~

**W**hat I do may not  
concern God, But what I  
feel does concern God,  
Always.

~

**M**y soul always Looks at  
me With motherly  
concern.

~

**M**y only concern Is to see  
that happiness Is  
spreading everywhere.

~

**E**very day My Lord  
energises me With His  
unreserved Love And  
Concern.

~

**M**ay my heart Be  
flooded With world-  
concern-necessity.

~

**T**he essence of service Is  
Life-concern.

~

**C**ompassion and concern  
Have the power To  
change everything.

~

**M**y heart-tears Quicken  
God's Concern for me.

~

**M**ay my heart solve All my  
mind's problems With its  
tremendous concern.

~

**G**od's Concern Sees  
everything in us And does  
everything for us.

~

**L**ike God, I shall include  
the entire Universe In my  
concern-heart.

~

**W**hen I am Inside my  
heart, It is all compassion,  
Concern and love.

~

**H**ow do I serve humanity? I  
serve humanity through My  
heart's inner concern.

~

**C**oncern Is the perfection  
Of the heart.

~

**E**ncouragement is  
compassion and concern in  
action.

~

**M**an shows sympathy. God  
is Concern.

~

**W**e must value The love  
and concern That every  
minute Has for us.

~

**E**ach seeker Must try to  
perfect the world With his  
concern-heart.

~

**G**od's Concern-Eye not only  
has Concern for me, But  
also protects me In every  
possible way From  
temptation-life.

~

**G**od's inner Name Is  
Compassion. His outer  
Name Is Concern.

~

# ~ Concern ~

## **Question: What is concern?**

*Sri Chinmoy:* Concern is a most complicated word. Sometimes we say that we have concern about someone, but it may not be real concern. It is concern when you are offering something for the sake of love, for the sake of God, when you are showing oneness with mankind. If God is the bridge between two individuals, then God must unite the two of you. Then it is real concern. If God unites an individual to the world at large then there is concern. But if God is out of the picture when you want to do something for somebody, then it is all attachment, because one is trying to possess the other.

## **Question: Is there any difference between Messages from God and messages from our own soul?**

*Sri Chinmoy:* There is no difference between God's Messages and the soul's messages. God's Will and the soul's will are the same, for the soul is the representative of God. The soul resides inside the heart. God's Concern is offered to the heart, and the heart offers it to the entire being. When we are aware of God's constant Concern, we will not make any mistake. When God's Concern becomes ours, we feel that God is the Doer, God is the Player, and we are only the instrument. And God, being the Supreme Musician, will naturally play most divinely and supremely on us.

## **Exercise to Develop Concern**

*Sri Chinmoy:* If I have love, if I have concern for mankind, I have to know that this love can be increased, this concern can be increased. Any of these qualities which I have, I have to know that I can increase. But for that I have to work. If I go to an office and work, then I get a salary. My salary I can give to my friends or I can do whatever I want to do with it.

If I pray soulfully and devotedly to increase my capacity, then I can increase my capacity. There is no way for any human being to increase his capacity without praying.

Before you pray you can take a picture of yourself and see what you look like. And after you pray, take another picture and see the difference. You say you don't want to pray but only want to appreciate something and identify yourself with the beauty of nature; that is the same thing. I will say before you start appreciating nature's beauty, which you call God, before you identify yourself with nature's beauty, you can take a picture, and afterwards you can take another picture. This second picture will be totally different! On the strength of your oneness you are growing into something. The more you identify with the divinity that you have, the more you bring to the fore your good qualities, the more you are happy and the more you are making others happy.

*My prayer is God's Concern For me. My meditation is my concern For God.*