

Our Quality for the month May 2016:



*Today's **heart-dreams** tomorrow take birth as life-realities.*

Each child has A Heaven-dreaming heart. ~	Our heart-dreams Never fail us. ~	My inner heart Is dreaming Only real God- manifestation-dreams. ~
The heart Loves World-perfection- dreams. ~	God keeps His sacred Dream Inside my heart. ~	Value your heart-dreams And not your mind-dreams, For mind-dreams, at times, Are nothing other than Hallucinations. ~
May my heart never stop dreaming Every night My life-transformation- dream. ~	My heart Is the home For my dreams. ~	My heart is a regular God- dream-lover. My mind is a constant God-dream- chaser. ~
My heart's dream Is God-realisation. My soul's dream Is God-manifestation. ~	My heart, dream on, Dream on. Behold, a new dawn Is beckoning you. ~	Inside a sweet dream lies the peace of the world. ~
Our aspiration should be To build a new Heaven With our heart-dreams. ~	When I dream God- dreams, I lovingly feed My heart-garden. ~	Every night My soul gallops With new dreams. ~
Imagine and dream the world peace dream. ~	My heart's dream-bird Has golden wings. ~	May each dream of our soul Find its complete fulfilment On earth. ~
God definitely needs The God-seeker Who dreams Of world peace. ~	God Himself Cultivates Our dream-heart-gardens. ~	Each soul is An ever-blossoming dream Of God. ~
Every day God has the same dream: A oneness-world.	Every day I fly with my dreams In my heart-sky. ~	
	Dreams keep the world alive.	



Question: What does God really think of me?

Sri Chinmoy: God always thinks of you as His dream — not an old dream but a new dream. Every day He thinks of you as a new dream, especially on your birthday. On that day He thinks of you as an unprecedented dream of His. On every individual's birthday, God thinks of that particular individual as His unprecedented dream, that is unlike any other dream.

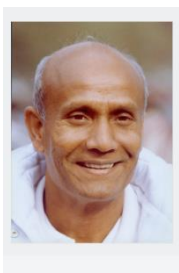
Question: How important are dreams?

Sri Chinmoy: It entirely depends on the seeker's necessity. If the seeker needs a dream in order to inspire him to go deep within or to go far beyond the mind, then dreams are of paramount importance. Divine dreams, spiritual dreams, do play a considerable role in one's spiritual life. Also, we have to know that everything is a dream before it is manifested in the world of reality. If we value a reality, then we have to value the dream as well. But this does not mean that we have to have thousands and millions of dreams in order to have God-realisation. No! If we have a few significant dreams, that is more than enough. Even if we do not have any dreams, that will not stand in our way.

But there is not a single human being on earth who has not had any dreams.

Question: Can a spiritual dream be as beneficial as meditation?

Sri Chinmoy: There is a kind of dream which amounts to vision. If you have a dream that indicates an imminent new dawn, a new birth, this kind of dream is nothing short of a vision and it is as good as a high meditation. If you have that kind of vision, you can get God-realisation if it is God's Will. Sri Ramakrishna used to say that if you have a vision of the highest order, if the Supreme wants to, He can give you partial realisation. Such a dream is not only as good as meditation, but far surpasses meditation. It is a vision of the highest order, a minor realisation.



Sri Chinmoy (1931 – 2007)

Author of over 1.600 published books on spiritual issues.
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