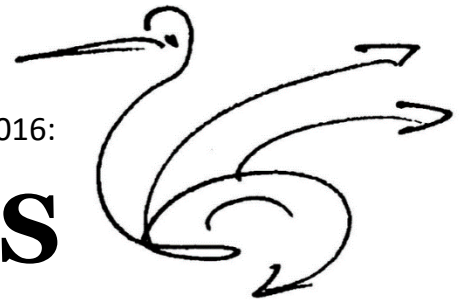


Our Quality for the month August 2016:

PROGRESS



O seeker, use the heart, if you truly long for inner progress.

My very desire
To make progress
Is the first step
Of my progress.

~

Perfection Always comes
With tiny progress-steps.

~

Progress means Nothing
other than Self-education.

~

A life of simplicity Gives
us The fastest progress.

~

By working self-givingly
If I make progress,
That is the progress
Of the whole world.

~

I make progress fast
When I see a flower. I
make progress faster
When I feel the beauty Of
a flower. I make progress
fastest When I breathe
the fragrance Of a flower.

~

We make supersonic
progress Only when we
leave behind Our mind-
jungle.

~

The happiness of the
heart Expedites life's
progress.

~

Enthusiasm
Always guarantees
Spiritual progress.

~

The inner hunger
Is conscious progress.

The inner hunger
Is fast progress.

The inner hunger
Is perfect progress.

~

Joy is another name For
progress.

~

Progress Is happiness.
Happiness Is willingness.

~

Faith always values
Everything that is divine in
us.

~

If we do not give due
value to forgiveness, We
can never be truly happy.

~

If we most sincerely value
Our soulfulness All the
time, Then we shall
definitely acquire
Egolessness.

~

Success comes from
Enthusiasm. Progress
comes from Self-giving.

~

Success and progress can
go together provided
success sincerely longs for
progress, And progress
sincerely admires success.

~

Profit or progress?

If I want profit,
I may not make any
progress.

If I make progress,
Then automatically I profit.

~

What keeps A human being
alive? His progress-
rainbow-hope!

~

A self-giving heart Is a sure
sign Of inner progress.

~

Success may depend on
Newness, But progress
always depends on
Oneness.

~

Outer success can have A
very special meaning If
inner progress Starts
blossoming first.

~

When the soul supervises
us, Our inner progress and
outer success are
guaranteed.

~



PROGRESS



Question: Why is it that sometimes when a person is apparently making fairly good inner progress in the spiritual life and aspiring very well, we seem to not always see a real reflection of this? Sometimes the outer life does not seem to reflect the progress made. Or is this just an illusion?

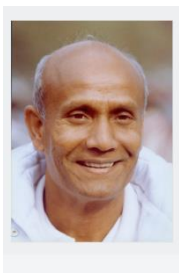
Sri Chinmoy: The thing is that there are two worlds, the inner world and the outer world. If someone is making real progress in the inner world, then his progress is bound to be shown in the outer life also. It is a matter of time. Sometimes it happens that you are under the impression that the person in question is making a certain amount of inner spiritual progress, but it might not be so at all. There are many times, we have seen, when people make a show, a parade, of what they think is their inner progress. Without having any sincerity, they will appear to meditate well in a group or work hard with others for a joint cause. First of all, an aspirant has to know whether he is totally sincere or not. If he is, then he is bound to make real inner progress. When he makes real inner progress, he has to manifest it in the outer world. This inner achievement will have to materialise in his outer life also. It is also a matter of time.

Question: Do you feel that mankind is making spiritual progress?

Sri Chinmoy: Humanity is progressing towards its destined goal. Sometimes we notice clouds of doubt and teeming imperfections, but these things will always be around until we have achieved perfect Perfection. Each individual has left the starting point. Now, one individual may be behind another in the Godward race, but we all are running towards the same goal. Each individual is progressing. This progress may not be noticeable in our outer life. It will become noticeable only when a tremendous amount of light has dawned in our devoted life, our life of surrender to the Will of the Almighty Father. Even though there are calamities, crises, wars and so forth on the outer plane as well as on the inner plane, still we are definitely progressing.

Question: How can mankind make more inner progress?

Sri Chinmoy: To make more inner progress, mankind must resort to spirituality. Prayer and meditation in our everyday life are of paramount importance.



Sri Chinmoy (1931 – 2007)

Author of over 1 600 published books on spiritual topics.
For more information visit: <http://www.SriChinmoyLibrary.com/>