

Our Quality for the month September 2016:

# INNER AWAKENING

*My awakening is my deeper dream. In my deeper dream God is pleading with me  
To regain once and for all my own inner kingdom.*

Love awakens The divine in us. ~	Challenges awaken The sleeping power Within us. ~	Awakening means The future God-becoming. ~
The body needs God the Awakener. ~	Slowly and steadily Aspiration awakens Our hearts. ~	Peace won by compromise is a bird that flies away. Peace that comes from the inner awakening is the peace everlasting. ~
The heart awakens All our sleeping divine qualities. ~	Dynamism awakens My outer life. Surrender awakens My inner life. ~	A singer of the heart Is a teacher Of the inner awakening. ~
Heart is the peace- awakener-angel. ~	Only the awakened heart Can see the inner sunlight Streaming through life. ~	Our outer confidence Comes from Our inner aspiration-awakening. ~
Strength indomitable Comes not from outer exercise But from inner awakening. ~	The whispers of the angels Awaken me To watch the beauty Of my Inner Pilot. ~	In the spiritual life, The inner awakening Safeguards again and again Our outer life. ~
A truth-lover and God- server Strives for inner awakening As well as for world peace. ~	The music of the heart Awakens me. ~	Awaken your mind To appreciate sincerely The magnificent beauty Of the world. ~
First pray and meditate For the awakening Of your inner life, And then play In your life-garden. ~	Today you are a sleeper. Tomorrow You will not only be Awakened, But an earth-awakener. ~	Self-giving Is the beginning Of God-awakening. ~
What is success? An outer building.	I gave a special surprise to God On His Birthday By awakening from My spiritual coma. ~	Anything that is dormant, Either spiritual or material, Spirituality will awaken. ~
What is progress? An inner awakening.		
What is destination? A self-unfoldment. ~	The heart has the capacity To awaken, reveal and establish New realities.	



# INNER AWAKENING

Awakening is the beginning of the soul's journey toward the ultimate Goal. At every moment the inner awakening has to be fed and nurtured by our constant aspiration. If aspiration is lacking, then our awakening will remain a mere mental concept and will not lead us far.

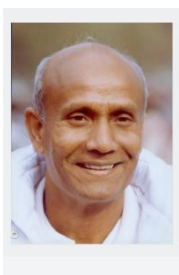
Now, we have also to be awakened to the truth that God-realisation is something natural, normal, practical and inevitable. When a seeker's inner awakening makes him feel that God-realisation is not only natural and normal, but also inevitable, then the seeker can really possess his own awakening.

It is not the number of years that we have been following a spiritual path, but the intensity of our aspiration that counts. This aspiration of ours must be fed — not just continually, but continuously; not just daily, but every second of our life.

The world does not understand spiritual people; it badly misunderstands them. So do not listen to what the world says. Think only of what your spiritual Teacher says, what your soul says. Your Master and your soul always offer the same divine message. If you have true aspiration and genuine love for God, if you want to go far, farther, farthest, then embark on the inner path. Your soul's inner awakening will compel your body, vital, mind and heart to follow you devotedly.

## **Question: How can I expedite my soul's awakening?**

*Sri Chinmoy:* First of all, we have to know what we mean by the soul's awakening. We have to be awakened to the truth that God-realisation is not something most difficult, but something natural, normal, practicable and inevitable. This soul's awakening has to be expedited and energised through aspiration. Otherwise awakening only remains a mental concept to us. Once the soul is awakened, however, one cannot say that the role of the soul is over. Awakening is just the beginning of the soul's journey towards the ultimate Goal. At every moment this inner awakening has to be nourished and nurtured by our constant aspiration. If aspiration is lacking, then mere awakening will not lead us very far. Let us constantly throw ourselves into our soul's awakening and we shall without fail reach our destined Goal.



### **Sri Chinmoy (1931 – 2007)**

Author of over 1 600 published books on spiritual topics.  
For more information visit: <http://www.SriChinmoyLibrary.com/>

*Excerpted from the writings of Sri Chinmoy*  
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