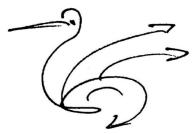


Our Quality for the month December 2016:



DIVINE POWER

Not the power to conquer others But the power to become one with others is the ultimate power.

The divine power Illuminates. The human power Dominates.

The animal power Contaminates.

Human power is born of futility. Divine power is born of reality.

Force human Threatens. Power divine Enlightens.

We must trust The unparalleled Power of love.

The power of patience Is incalculable.

Challenges awaken The sleeping power within us.

The mind-power Quite often attacks. The heart-power Always protects.

When heart-power Controls and guides Money-power, It immediately increases.

Earthly power Consciously embodies Separativitysupremacy. **H**eavenly Power Smilingly embodies Oneness-fulness.

No mind-power, no success. No heart-power, no progress.

Meditation is Silence-power.

The divine Powers Try to

strengthen us To fight against The undivine powers.

The power that says "I have" Is not the power divine. The power that says "God is" Is the power divine.

The outer manifestation Needs God the Power.

When delight comes, Then power Automatically comes.

Insecurity Is nothing but A perverted power.

Each soul-song Has unique power.

The power of imagination Can never Be measured.

Peace is The strongest power, Yet unrecognised.

Each soul Has inexorable Will-power.

Never underestimate the power Of a gratitude-heart.

When the power of love replaces the love of power, man will have a new name: God.

Power Is never Peace. Peace Is always Power.

Determination is Mindpower.

Hatred-power Is no match For love-power.

Turn your wishful thoughts Into a powerful Will power.

I need only One power: Forgiveness-heart-power.

> Action-power Is needed. Grace-power Is more needed. Surrender-power Is most needed.

How to get action-power? Cry within. How to get grace-power? Stay within. How to get surrender-power? Fly within.

No other power on earth Will be able to please God Except your heart-power. It is heartpower alone That God will always treasure.

Have no fear. Nobody has any power of his own. Only God has power, And His Power is another name For His Love, sleepless Love.





DIVINE POWER

Question: Does power manifest itself through each individual according to his soul's quality?

Sri Chinmoy: When God shows Compassion to us, is that not power? Then He shows sympathy; this is also real power. When He shows a feeling of oneness, that too is power.

Power manifests itself through each individual according to his soul's quality, true. Every soul expresses itself and manifests the Supreme through some divine quality: through light, peace, bliss and so forth. We have to know that power can be light, power can be peace, power can be compassion. Light itself is power. When we have light, then we will do everything right. Peace is power. When we have peace, then nothing affects us. These qualities can easily be seen as power, because whenever we achieve something or perform something we feel that it is due to some power.

In our human mind, we only recognise power in a specific form: the power that breaks or the power that builds. But the subtle power which comes when we prayerfully meditate, when our mind is calm and quiet, is peace, light and bliss. At that time, how strong and powerful we are! Here we are not struggling, nobody is striking us; but once we feel that our mind is silent, we will feel that this powerful silence itself is power.

Question: How can I unite soulful humility with power?

Sri Chinmoy: Soulful humility itself is a form of divine power. There is no difference between divine power and soulful humility. Real divine power is an aspect of the highest transcendental Power; and the Mother-power, the divine power, the power of the Supreme Mother, also has its soulful humility. You cannot separate soulful humility from power. So if you just develop soulful humility, automatically you will cultivate divine power within yourself.

Question: Once I was in a lot of pain and you said that you were injecting peace into my body. I was wondering whether it is occult power or spiritual power that you use when you bring down a quality like that?

Sri Chinmoy: Peace is a spiritual power. Peace is not occult power. But you have to know that any kind of power — will power, spiritual power, occult power — can easily take away your pain. If you use your will power and make yourself feel that the pain is an experience of delight, then you will have no pain. At that time, the pain itself will bring you joy.



Sri Chinmoy (1931 – 2007)

Author of over 1 600 published books on spiritual topics. For more information visit: http://www.SriChinmoyLibrary.com/

All bird drawings by Sri Chinmoy