

Our Quality for the month February 2017:

PROMISE

Each human being has to be reminded of his solemn promise to God, and that promise is to cultivate a world-silence-peace-garden.

If your brave promise is broken, Then be prepared to make A braver promise To arrive at perfection.

Better to have excellent promises, Whether they are fulfilled or unfulfilled, than to have no promise at all.

You may not fulfil your promise to God, but God is determined to fulfil all His inner and outer promises to you.

My mind and vital promise me A life of excitement. My soul and heart promise me A life of enlightenment.

May my powerful promises Be fruitful. ~

Each unfulfilled hope Of humanity Is an unmanifested promise Of divinity.

A heart of love And A soul of promise: Definitely A winning combination.

A birthday is a hope-nourishing and a promise-fulfilling day.

Each smiling child Is God's new satisfaction-promise on earth.

The fragrance Of my soul's promise is sweet.

Hope-light grows From promise-power. Fulfilmentdelight glows In promisepower.

Every day, May my heart be A new rainbow-promise and New God-manifestationpromise To God.

The Supreme breaks His Promises only for our good, And not because He is unable to keep His Promises. ~ Every day Brings a new

promise. What is that promise? God-satisfaction In God's own Way.

Your gratitude-heart Is a great tribute To God s Perfection-Promise.

Each promise-moment Is the beginning Of a new creation.

It is our psychic promises That are eventually fulfilled. Our mental promises, Emotional promises And all other promises Quite often are not fulfilled. Why? Because they do not have The necessary perseverance, Their way of seeing the truth Is not clear And their goal itself Is unclear. When I make a promise I make friends with truth. But when I keep a promise my existence becomes another name for truth.

Power's promises Can never be taken seriously. Love's promises Are doubtless fulfilments.

Each new generation Is a new and illumining Promise-Smile of God.

A divine promise Is the pioneer Of earth's newness-life.

What I need Is a spark of hope. Then promise Will come by itself.

Each life reminds us Of yet to be fulfilled God-promises.

Harmony is the morning sun rising within, with all its promises.

Keep your soul's promise If you really want to be A choice instrument of God.

The highest promises Come from the soul To determine our earthly lives.

My soul is the author of my Godfulfilment-promises.

Because my soul Is a soul of promise, My life Is a life of hope And my heart Is a heart of peace.

Excerpted from the writings of Sri Chinmoy For more inspiring quotes, visit <u>www.GenevaMeditation.ch</u>



Each human mind is an encouraging idea. Each human heart is an illumining experience. Each human soul is a fulfilling promise.

On our birthday, the soul renews its promise to God, and the members of its family — the heart, mind, vital and body — also renew their promise to God. The soul has made conscious promises to God, and the members of its family have made unconscious promises. But there is only one promise that they all make: God-fulfilment — God-fulfilment in the body, in the vital, in the mind, in the heart and in the entire being.

Question: Do all souls make the same promise in essence when they enter the earth arena?

Sri Chinmoy: No! Before entering into the earth arena, each soul makes a special promise, and it has to fulfil that promise in a special way before it leaves the world.

Question: How can a soul tune itself more quickly, more purposefully and more consistently with the harmony of the Supreme?

Sri Chinmoy: The soul can tune itself to the harmony of the Supreme provided the soul is constantly conscious of its promise to the absolute Supreme. What is its promise? Its promise is God-revelation and God-manifestation on earth. God-revelation is necessary for earth's inspiration and aspiration. God-manifestation is necessary for Heaven-realisation and Heaven-perfection on earth.

Question: Is the soul's promise prophetic?

Sri Chinmoy: No! The soul's promise can easily be delayed or destroyed if the darkness of the undivine body, vital or mind becomes extremely strong. Even if the soul's promise is very powerful and very sincere, in most cases it is affected to some extent by the unruly members of the soul's family. Quite often it happens.

Question: When does God show us what work we must do?

Sri Chinmoy: God shows us what work we must do if we can soulfully promise to Him that our work will be nothing but an extension of His divine Manifestation. Then He is bound to show us our work. But if our work is an expansion of our ego, God does not recognise us. At that time we are nothing but strangers to Him.



Sri Chinmoy (1931 – 2007)

Author of over 1600 published books on spiritual topics. For more information visit: <u>http://www.SriChinmoyLibrary.com/</u>

All bird drawings by Sri Chinmoy