



Our motto for the month October 2017:

The Drop and The Ocean

*The Ocean of Bliss awaits you, O seeker-drop,
I do not know what delays you!*



Prayer is a drop That flows into
the meditation-ocean.

Meditation is a drop That flows
into the contemplation-ocean.

Contemplation is a drop That
flows into the God-realisation-
ocean.

~

When my hesitation-mind
Stands on the shore Of the
consciousness-ocean, It only
tries to count The drops and
waves Of the ocean Instead
of becoming The ocean
itself.

~

The difference
Between
Liking and loving
Is the difference
Between
The tiny drop and the mighty
ocean.

The difference
Between
Loving and surrendering
Is the difference
Between
A tiny hill and the Himalayas.

Spiritual progress expands:
From one drop to the infinite
Ocean, From an iota of light to
infinite Light.

~

If you do not separate yourself
From your Source, The world
will eventually see That you
are a drop Of God the Ocean,
Part and parcel of His vast
Existence.

~

In each tiny drop We must try
to discover The vastness of the
ocean.

~

Obedience means A tiny drop
Merging into the vast ocean.

~

At times The soul forcefully
throws The mind-drop Into the
heart-ocean.

~

The infinite ocean is inside The
tiny drop of my heart.

~

Although each right choice
May be just a tiny drop, Inside
that tiny drop You will find the
ocean Of God's Love, Joy and
Pride.

~

I am a tiny drop
Inside an infinite ocean of
light.

I have only to expand slowly
and steadily
To become the ocean itself,
And then I shall unmistakably
Be able to claim the entire
ocean

As my own, very own.

~

God, can You tell me
How many drops there are
In the ocean?

This is the wrong question.
God, will You make my heart's
Gratitude-tears

As countless as the drops
Of the ocean?

This is the right question.

~

It is my choice — Either to be
satisfied with a drop Or to seek
the almighty Ocean.

~

If I find God Inside a tiny drop,
Then, immediately, God the
Ocean Becomes mine.

~

I have written On the tablet of
my heart That God received a
drop from me And gave me the
ocean in return.

~

Each disobedience-drop
Eventually becomes As powerful
as the ocean itself To destroy its
possessor himself.

~

If you self-givingly pray To the
Supreme For a drop of His
Compassion, He will give you
An ocean of Compassion.

~

A genius is he Who ends rules
and regulations. A genius is he
Who is nothing but a powerful
drop In the ocean of cosmic life-
energy.

~

As the countless drops
Of the boundless ocean
Or the myriad leaves
Of a huge banyan tree
Peacefully remain side by side,
Even so, all human beings
Will someday live side by side
In a perfect oneness-world.

~

Even the spiritual Masters of the
highest order Are nothing but A
drop of the Infinite.

~



The Drop and The Ocean

Question: Is there any difference between God and the soul?

Sri Chinmoy: Yes, there is a difference in the sense that God is the Source and the soul is the flow. The soul is the direct representative of God and God manifests Himself in and through the soul. God is here, God is there, God is everywhere. He is omnipresent. But, at the same time, He is one. Unity wants to satisfy itself through multiplicity. The One wants to go and play the role of the many. When the One wants to play the role of the many, the One creates the soul. So we can safely say that the soul is the direct representative of God which assumes a human form for God-manifestation and world-perfection.

The soul is the tiny drop and God is the vast, infinite ocean. It is countless tiny drops that form the ocean. If we want to separate a drop from the ocean, we can. But again, when the drop enters into the ocean and loses its individuality, it becomes the ocean itself. So the individual soul eventually enters into the Universal Soul and becomes the omniscient, omnipresent and all-loving and all-fulfilling God.

Mrs. Strong: The degradation of the earth is so far advanced right now that the great mystics, shamans and spiritual people are saying that we have already crossed the line of no return regarding the oceans, the soil and the forests. What is your opinion?

Sri Chinmoy: If we start doing the right thing, we can always begin making progress again. From the drop we get the ocean. Let us say that because of our stupidity we are destroying the ocean; we are turning it into a few drops. But if we start doing the right thing, then eventually the drops will grow into an ocean again. Sometimes it happens that there are no plants in a garden. But when a most skilful gardener begins working there, once again it becomes a garden with most beautiful plants, flowers, trees and fruits.

Mrs. Strong: But if the soil is dead, it's dead. If a forest is gone, it's gone. If the ozone is gone, it's gone.

Sri Chinmoy: We must not underestimate the power of spirituality. Prayer and meditation mean new life. When we pray and meditate, at every second we are bringing into our life a divine consciousness, which is constantly growing. You are saying that Mother Nature is being destroyed. But Mother Nature is nothing other than God the creation. So we are praying to God the Creator to save God the creation. He who created once can again create a new creation on the strength of our prayers and meditations.

Question: Is meditation the only way to live from moment to moment in the Eternal Now?

Sri Chinmoy: Meditation helps us to live from moment to moment. Again, in moment to moment the Eternal Now exists. The Eternal cannot be separated from each moment. This is a moment and here Eternity is all around. Eternity comprises the present, the past and the future.

Inside Eternity is the moment; again, inside the moment is Eternity. It is like the ocean. Inside the ocean are countless tiny drops. Again, each tiny drop holds the essence of the vast ocean. We take a drop and immediately we have the consciousness of the vast ocean, because the drop embodies the vast ocean. And so each moment cannot be separated from Eternity and Infinity. Meditation is the only way to feel the oneness of the finite with the Infinite.

Question: Surrender.

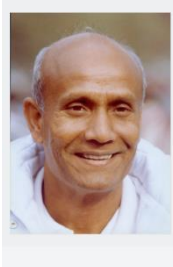
Sri Chinmoy: First think of a tiny drop of water and then throw that tiny drop into the sea. When you do that, you will not be able to see the drop any longer. You will see the sea itself. You do not want to surrender or you find it difficult to surrender because you feel that if you do, then you will no longer exist. But what happens when the drop enters into the sea is that it becomes one with the sea. When you think of yourself, think of yourself as a drop, and when you look at my transcendental picture, think of it as the ocean. This moment you are a tiny drop; the next moment you are the ocean. This moment you are a tiny drop — outside, alone and helpless — and the next moment you are one with the vast ocean.

Question: How can I feel that my small job at the United Nations is really important to the total spirit of the United Nations?

Sri Chinmoy: Each drop is essential to the ocean. You may be holding a very insignificant job, but if you are taken away, one more drop will be missing from the ocean. And when all the drops are taken away, there is no ocean. It is the unification, the combination, of countless drops that makes the ocean.

Similarly, the whole United Nations right from the Secretary-General is only one body, one soul, one reality, which is composed of glowing thoughts and glowing ideals. You represent a thought in an infinitesimal measure. The capacity that you have is in the form of an ideal. The ideal is always the same, although you may or may not embody the ultimate truth that this ideal holds. But you do represent and embody an iota of the ultimate truth. Some individuals have perhaps a little more light than others, but it is the combination of everybody's light that makes the whole reality.

So, you as an individual, in whatever capacity you are serving, must feel that you are necessary, that you are needed. Like you there are many who make up the United Nations. If all are excluded precisely because they are not Secretaries-General, or because they are not holding high posts, then there will be no United Nations. When a house is built, there are many bricks, there are many nails. If one or two bricks are missing then there will be a hole. The walls will not be strong and the foundation will not be secure. So each one is necessary, each one is essential. Each worker, no matter how insignificant his task is, is necessary in order to keep the body and the soul of the United Nations together.



Sri Chinmoy (1931 – 2007)

Author of over 1 600 published books on spiritual topics.

For more information visit: <http://www.SriChinmoyLibrary.com/>