



Our Quality for the month
September 2015



~ FAITH ~

*What does your faith Do for others?
Your faith Brings their best to the fore All the time.*

When I follow God, I must follow Him Like a faithful dog.

~

Faith is wisdom. Faith is power. Faith is heart-fragrance. Faith is the sun-child Of the Beyond.

~

Faith Will never mislead Anybody.

~

To lose faith in oneself Is immediately to lose faith In God Himself.

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Fear is afraid of faith, But faith Is never afraid of fear.

~

Faith — Constant faith in God — Is the miracle of miracles.

~

My heart follows my soul Faithfully.

~

Ego enjoys Superiority. Faith enjoys Universality.

~

Each seeker must become A fearless Faith-warrior.

~

Worries and anxieties together Fight against faith, But eventually faith wins.

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Faith without action is feeble. Action without faith is brittle.

~

Faith in oneself and faith in God must run together.

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Optimism Increases powerfully Our faith in God.

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Faith Sings the song Of self-transcendence.

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A heart without faith Is a life Without safety.

~

Faith and doubt Can never coexist.

~

Our faith in God is not to become another Alexander the Great. Our faith in God is to become God's fondest children.

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Faith: use it To fly in God's own Sky.

God has implicit faith In all my dreams.

~

The inner faith Does not request Outer confirmation.

~

Faith and hesitation Never go together.

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Faith means A God-assurance-life.

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Faith Is the best promoter Of spirituality.

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Faith knows Where God's Heart is.

~

Faith Unconditionally lives Inside the heart.

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If you have no faith In yourself, Then you will have no faith In anybody else.

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Vision is the outer power of the inner faith. Faith is the seeker's eternal Haven.

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The more your God-faith increases, The stronger will be your faith And your trust in yourself.

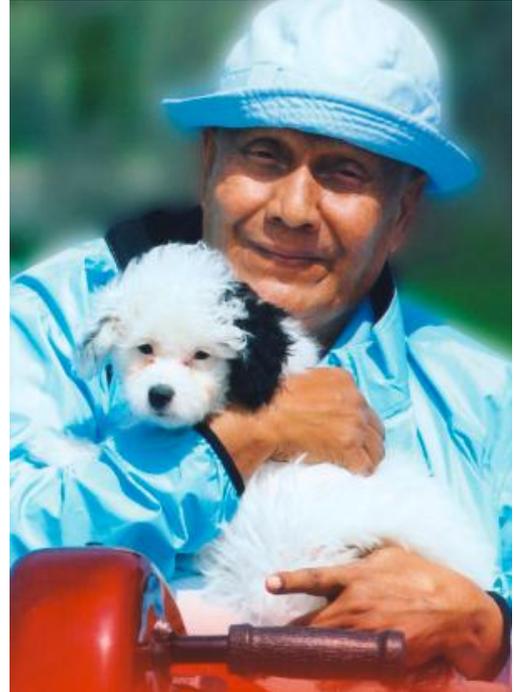
~ FAITH ~

Question: What is the relationship between faith and spirituality?

Sri Chinmoy: Faith and spirituality are inseparable. They are like a farmer and a field. Spirituality is the field and faith is the farmer. One without the other is useless.

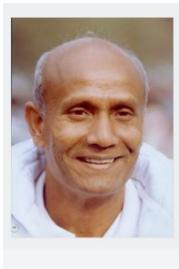
Question: How important is faith?

Sri Chinmoy: The role of faith is of paramount importance in the seeker's life. Always he has to feel that he is God's son, and that he has to realise God consciously. Ultimately it is God who protects, liberates and illumines a seeker. If the seeker has no faith, then he cannot proceed. If he does not have faith, that means he has something else: doubt. Either one has faith or one has doubt. There is no middle ground. Doubt puts real poison into us. A seeker must have faith in God and also in himself. If he loses faith in God or in his search for Truth, then his progress may be slow. But if he loses faith in himself, then he is doomed. By doubting God, by doubting our friends and neighbours, and by doubting ourselves we do not gain anything. If we have faith in ourselves and in God, constantly our life-tree is blossoming. He who has faith feels God's presence inside himself and inside others. Faith is our constant inner growth. If there is no faith, there is no growth. If there is no growth, how are we going to reach the Highest? So faith is of paramount importance in the spiritual life.



Exercise to increase one's faith

If we pray or meditate we can increase our faith. It is like a muscle. If we take exercise, we develop the muscle. Inner faith also can be expanded. There are many who enter into the spiritual life out of curiosity. They have very little faith. But they go on; they continue, continue. Then later on they feel within themselves deeper faith, greater faith, more fulfilling faith. So, when one sticks to the spiritual path, one is bound to have more faith.



Sri Chinmoy (1931 – 2007)

Author of over 1 600 published books on meditation and spirituality.

For more information visit: <http://www.SriChinmoyLibrary.com/>