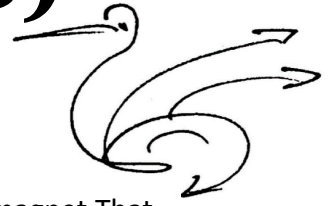
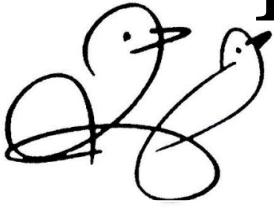


Our Quality for the month November 2016:

INNER MAGNET(S)



*Your inner cry is the divine magnet;
It will draw and draw everything divine towards you.*

Your heart-magnet And
God's Heart-Magnet Always
work together.

~

A gratitude-heart-magnet
Attracts God's Blessings
Immediately.

~

Your own weakness Is the
magnet That draws out The
faults of others.

~

Your enthusiasm-heartbeat
Has a magnetic power to
draw God.

~

Peace is my heart's God-
receptivity-magnet.

~

My meditation does not
Have to go anywhere To see
anyone Or to bring anyone
to me. My meditation is my
magnet-heart.

~

No, not even the unwilling
mind Will be able to resist
forever The magnetic pull of
the soul.

~

If you use your heart's
devotion-magnet All the
time, Then your God-
approach-speed Will simply
fascinate you.

The earth-magnet pulls Our
body-reality. The Heaven-
magnet pulls Our soul-
reality.

~

Each heart Has to be A God-
magnet-heart.

~

Surrender is a magnet that
brings down Heaven's
greatest treasures.

~

Happiness is the magnet
That lifts us high above.

~

In a seeker's life Each
unaspiring thought Is a
magnet For frustration-
failure-heart.

~

God's Eye smiles at us And
then draws us Close, closer,
closest, Like a divine
Magnet.

~

Purity is like a divine
magnet. It pulls all divine
qualities into us. When we
have purity, the world is
filled with pride in us. If
Mother Earth houses a
single pure soul, her joy
knows no bounds. She says,
"Here, at least, is a soul I can
rely upon."

~

Devotion Is the magnet That
pulls us very fast To God's
Heart.

~

Every thought — Encouraging
or discouraging — Has a
magnetic power.

~

Humility Is a most powerful
magnet to draw God's
Immediate Grace.

~

A child's heart Is a secret
God-magnetic power.

~

Each star is nothing other
than a magic and magnetic
smile.

~

God's Compassion-Magnet
Is always ready to draw
Both our good qualities
And our bad qualities.

~

Every day God gives us not
only the capacity But also the
opportunity To live in the
magnetic field of faith.

~

My evening descends And
gives me A new devotion-
magnet-gift To pull God
towards me.

~

Excerpted from the writings of Sri Chinmoy

For more inspiring quotes, visit www.GenevaMeditation.ch



INNER MAGNET(S)



About Gratitude

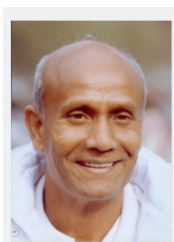
When we are about to be totally destroyed, our hope, our pride, everything that we have is shattered and smashed. But inside our utter hopelessness, helplessness, destruction and frustration, if we see a streak of hope, a streak of light, that hope or that light is gratitude. Like a magnet, our iota of light is pulling down a higher force which is entering into us to save us. The moment we have this magnet, it pulls down more of God's Grace and God's Love. The magnet is our inner cry, our gratitude, bringing down more Love from above.

Question: Why does loving kindness lead us towards God?

Sri Chinmoy: Kindness, loving kindness, is a divine aspect of God. Kindness comes from God's Compassion. When God's Compassion operates in a sincere seeker, that sincere seeker runs towards God. Compassion is like a magnet. Here on earth we call a particular thing kindness or sympathy, but in the inner world we see that this very thing comes directly from God's Compassion, from the highest realm of Consciousness. So when God's Consciousness and God's Compassion reign supreme in an individual soul, then he is bound to run towards God, the destined Goal.

Question: How can I see the best in other people more?

Sri Chinmoy: First you have to bring to the fore all your own good qualities. It is very difficult for us to see the good qualities in others while we either cherish or see our bad qualities. On the one hand, it is very easy to find good qualities in ourselves. On the other hand, we have to know how much sincerity we are using. Very often our imagination tells us that we have many more good qualities than our friends or our dear ones. That is why we see them as an object of pity or we feel we cannot associate ourselves with them. My advice to you is to bring forward all the good qualities that you feel you have within and make them living. Make them not only visible, but vibrant with life-energy. After you have done this, you can try to see the same good qualities or a few other good qualities in others. Then automatically your good qualities will reflect on them or their good qualities will come forward. When we show someone a rose, that person also wants to show us a rose. We have to offer our good qualities which are pure and loving. Then these good qualities will act like a magnet and others will bring their good qualities right in front of us. When your good qualities are absolutely alive, you will be able to see the good qualities in others.



Sri Chinmoy (1931 – 2007)

Author of over 1 600 published books on spiritual matters. For more information visit: <http://www.SriChinmoyLibrary.com/>

Excerpted from the writings of Sri Chinmoy

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