



Our motto for the month July 2017:

Solving Problems

You are perfectly right when you feel that each problem is an opportunity to strengthen your mind, widen your heart and enlighten your life.



You want to be happy? That is very easy. Simply imagine that there is no problem that you cannot solve. There is no problem you cannot solve. See. You are happy.

~

The difference between The mind and the heart is this: The mind uses itself To solve world problems; The heart uses God To solve all problems.

~

To be tense in your mind Can never be the way To solve any problem. But to be intense in your heart Is the surest way To solve your life's teeming problems.

~

Spirituality — Conscious God-
oneness — Can solve all the
problems Of humanity.

~

To conquer One single inner
problem Is to conquer
Hundreds of outer problems.

~

There is no problem That our
aspiring heart cannot solve.

~

If we do not solve Our
problems today, Then rest
assured, We will have to meet
With greater problems
tomorrow.

~

God does not create problems
for us. It is we who create
problems For ourselves. God
comes to us as an opportunity
To solve all the problems Of
our life.

~

Do not enter into the past To
solve today's problems, But
enter into the silence-heart Of
the present. Then all your
problems will be solved.

~

All the world's dire problems
Can be solved only when The
inner problem is solved. What
is the inner problem? The
inner problem is: Who am I?

~

By loving more and more, One
day we shall be able to solve
All our problems.

~

If your outer life has a
problem, Then the inner life
will definitely Be ready to help
you out By solving the
problem.

~

Be not a fool! Nobody can
solve Either the inner
problems or the outer
problems Without God's
express Help.

~

Do not talk about your
problems Time and again. Just
try to solve one problem. Rest
assured, the rest of the
problems Will surrender
themselves to you.

~

We will never find good
answers To solve the problems
of our life If we do not choose
God first.

~

Spirituality Turns problems
Into opportunities.

~

Silence Has the capacity To solve
all problems.

~

Harmony can solve all world-
problems.

~

A sincere and powerful smile Is
undoubtedly A problem-solving
capacity.

~

The outer problems Can be
solved Only with the inner
solutions.

~

The inner problems Can never
be solved With the outer
solutions.

~

God does solve our problems,
But He does it At His choice
Hour.

~

There is no earthly problem That
cannot be solved By the dust of
my Lord's Feet.

~

If you are really wise, Then you
will solve Not only today's
fleeting problems But also
tomorrow's teeming problems.

~

He who accepts each problem
As an opportunity Is bound to
become The master of problems
Eventually.

~

To solve every problem, Solve
your own problems first.
To love each and every human
being, Love God first.

~

My father tells me that inside
each serious problem there is a
golden opportunity.

Excerpted from the writings of Sri Chinmoy

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Solving Problems



Sri Chinmoy: Prayer-life solves all our problems. Only we have to have implicit faith in our own prayers.

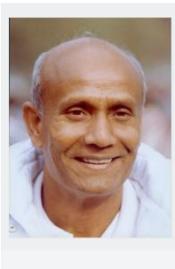
Question: *Do you think that our possessions are a hindrance to the development of the soul?*

Sri Chinmoy: Not at all. Possessions are not a hindrance to the soul's development. We have to have a different attitude towards life's problems and life's activities. All hindrances, even if at first we consider them as hindrances, can be taken as opportunities in our life. If we take them as hurdles, then each hurdle will give us an opportunity to cross over it and come closer to our goal. What we think of as a hindrance is not a hindrance in God's view.

Question: *Do you feel that a problem is not a problem if we know how to look at it?*

Sri Chinmoy: If we know how to look at a problem, half the strength of the problem goes away. But usually we try to avoid the problem or run away from it. When something unfortunate happens in our life, we immediately feel that we are at fault, that we have done something wrong. But this may not be the case at all. All around us there are wrong forces, undivine forces, hostile forces that may attack us at any moment. We believe in the law of karma — that if we do something wrong, we suffer later. But even if we do not do anything wrong, the ignorance of the world may come and torture us. Think of the Christ. He embodied the highest Truth. He did not have any bad karma. He did not do anything wrong. But the ignorance of the world crucified him. Of course, we cannot compare ourselves to the Christ. But at our own level we have to feel that if we are suffering, it is not necessarily our own fault.

If somebody else is creating the problem, then we have to stand like a solid wall and not allow the problem to enter into us. If it is my house, my wall, I will not allow anybody to break through. Again, if I am the problem itself and the problem is already inside me, then this kind of situation is infinitely more difficult to deal with. But by blaming myself and trying to hide, I do not solve the problem. Even if my own ignorance has caused the problem, I still have to face it. The best way to do this is to feel that I am not the problem-maker but the problem-solver. Then, by aspiring and practising the spiritual life, I have to develop inner strength and detachment. Slowly and gradually, I will become inwardly strong, and eventually I will be able to solve the problems caused by my own inner weaknesses.



Sri Chinmoy (1931 – 2007)

Author of over 1 600 published books on spiritual topics.
For more information visit:

<http://www.SriChinmoyLibrary.com/>

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